



PicoSure Laser Pre & Post Procedure Instructions

Instructions prior to your laser treatment:

- No sun exposure, tanning beds and sunless tanning cream for 4 weeks prior to treatment.
- Use a broad spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Apply to the treated area every 2 hours when exposed to the sun and it is recommended to make this a part of your skin care routine.
- Remove all makeup, creams, or oils prior to treatment.

Instructions following your laser treatment:

Skin Rejuvenation:

- After your PicoSure Facial Rejuvenation treatment we ask that you do not apply any products to your skin until the next morning.
- You may resume your skincare regimen the following day. Use recommended medical grade skincare products to the area 2-3 times a day. Keep the area moist, and let dry skin resolve on its own.
- Cleanse the treated area at least daily with water and mild soap, and then pat the area dry.
- Do not rub or scratch the treated area.
- Use a broad spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Apply to the treated area every 2 hours when exposed to the sun and it is recommended to make this a part of your skin care routine.

Tattoo:

- After cleansing and while skin is still moist, apply a thin layer of Aquaphor ointment to the treated tattoo.
- Apply a non-stick pad over the tattoo until it is healed.
- Avoid sun exposure to the treated area. Use a broad spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Apply to the treated area every 2 hours when exposed to the sun and it is recommended to make this a part of your skin care routine.
- Clean area daily with mild soap and water and pat dry.
- Do not rub or scratch the area.
- Discomfort may be relieved by using cool gel packs or acetaminophen.

- If blistering occurs, keep the area moist by applying Aquaphor 3 times per day or antibiotic ointment per recommendation of the physician. Do not enter swimming pools or hot tubs until treated areas are healed.
- No swimming or using hot tubs for 48 hours post treatment.
- Use a broad spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Apply to the treated area every 2 hours when exposed to the sun and it is recommended to make this a part of your skin care routine.
- Contact your physician if there is any indication of infection (redness, tenderness, or purulent drainage).